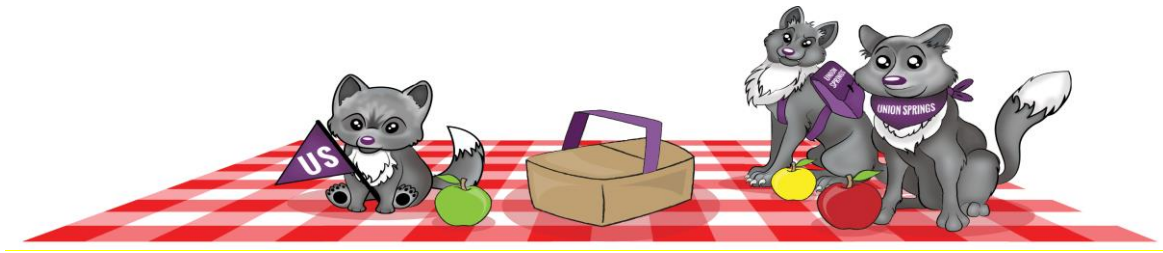


January



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Choices: 1% or Skim Milk Variety of Juice Canned or Fresh Fruit with Choice of Bagel, Cereal, Frudel or Mini Cinnis	Sandwich Choice of: Tuna Turkey Or PBJ W/ Cheese Stick	1 <i>NO SCHOOL</i> <i>HAPPY</i> <i>NEW</i> <i>YEAR</i>	2 Cheeseburger with Ketchup Wheat Bun Black & Vegetarian Beans Chilled or Fresh Fruit	3 Stuffed Crust Pizza Carrots Chilled or Fresh Fruit	4 Crispy Fish Patty with Cheese on a Wheat Bun Corn Chilled or Fresh Fruit
Breakfast Price: Paid - \$1.75/\$1.85 Reduced - \$.25 Lunch Price: Paid - \$2.25/\$2.35 Reduced - \$.25	7 Sloppy Joe w/ Wheat Bun Broccoli Chilled or fresh fruit	8 Popcorn chicken w/ketchup Dinner Roll *W/ Rice Carrots Chilled or fresh fruit	9 ELEM Meatball Sub HS meatballs w/pizza sticks Savory Green Beans Chilled or fresh fruit	10 Turkey & Gravy over Mashed potatoes Corn Wheat Roll Chilled or Fresh Fruit	11 Beef Taco W Cheese & lettuce In wheat wrap Veg /pinto beans Chilled or fresh fruit
Sandwich Choice Tuna, Turkey or PBJ with a Cheese Stick	14 Whole Grain Pizza Chopped Broccoli Chilled or Fresh Fruit	15 Chicken Fajita Wrap with Lettuce, Cheese & Salsa Carrots Chilled or Fresh Fruit	16 Bacon Cheeseburger with Ketchup on Wheat Bun Refried Vegetarian Beans Chilled or Fresh Fruit	17 Whole Grain Fiesta Pasta with Meat Sauce Steamed Green Peas Chilled or Fresh Fruit	18 Crispy Fish Patty with Cheese on a Wheat Bun Corn /*Coleslaw Chilled or Fresh Fruit
Extra Milk - \$.60 Extra Fruit or Veggie - \$.70 Ice Cream Cup - \$.60/.90	21 <i>NO SCHOOL</i> <i>MARTIN LUTHER</i> <i>KING JR</i> <i>DAY</i>	22 Beef & Gravy over Mashed Potatoes Garlicky Green Beans Wheat Roll Chilled or Fresh Fruit	23 BBQ Chicken on a Bun Sliced Carrots Chilled or Fresh Fruit	24 French Toast Sticks with Syrup Sausage Patty Potatoes Chilled or Fresh Fruit	25 Beef Taco with Cheese & Lettuce in a Wheat Wrap Refried Vegie Beans Chilled or Fresh Fruit
All Meals are Served with a Choice of Milk: 1% , Skim or Fat-Free Chocolate	28 Chicken Patty *Chicken Parmesan on a Wheat Bun Steamed Broccoli Chilled or Fresh Fruit	29 Cheeseburger with Ketchup Wheat Bun Black & Veg Beans Chilled or Fresh Fruit	30 Deli Day Turkey & Ham W/ Cheese, Lettuce & Tomato on a Sub Roll Garlicky Green Beans Chilled or fresh fruit	31 Stuffed Crust Pizza Carrots Chilled or Fresh Fruit	*High School Only

DELI BAR TO GO! Freshly prepared sandwiches with assorted deli meats, cheese and accompaniments prepared daily on Whole Wheat Bread, Kaiser Roll or a Sub Roll. Also we have JULIENNE SALADS!

***At both breakfast and lunch you must choose AT LEAST 3 OF THE 5 ITEMS to make a meal. One of these must be a fruit or veggie or you will be charged Ala Carte price.**

**School Will Vary in Options/Menus May Vary*

**If there is a delay in the start of school, breakfast will not be served. | *If you have any concerns please contact Kathy Smith at (315) 889-4120.*

** Prepay by Using:*



Cash Or Checks Made Out to "USCS LUNCH FUND"