


JANUARY 2021

Menu

DAILY BREAKFAST AND LUNCH ARE FREE OF COST!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Monday Breakfast Cereal	Tuesday Breakfast Mini Cinni	Wednesday Breakfast Donuts	Thursday Breakfast Bagel Bites	Friday Breakfast Cereal
<p>ALL MEALS SERVED WITH CHOICE OF MILK!</p> <p>DELI BAR TO GO! Freshly prepared sandwiches with assorted deli meats, cheese and accompaniments prepared daily on Whole Wheat Bread, Kaiser Roll, or a Sub Roll. We also have Julienne Salads!</p> 				1
<p>*HIGH SCHOOL ONLY</p> <p>*At both breakfast and lunch you must choose AT LEAST 3 OF THE 5 ITEMS to make a meal. One of these must be a fruit or veggie or you will be charged Ala Carte price.</p>				<p>NO SCHOOL</p>
4 Stuffed Crust Pizza Broccoli Chilled or fresh fruit	5 Elem: Meat & Bean Chili w/ Cheese on tortilla chips HS: Stuffed crust pizza Vegetarian beans Chilled or fresh Fruit	6 Elem: Pulled Pork on Wheat Bun Savory green beans HS: Popcorn chicken w/ ketchup Dinner roll *w/rice Chilled or fresh fruit	7 HS: Popcorn chicken w/ ketchup Dinner roll *w/rice Chilled or fresh fruit	8 Beef Taco w/cheese & lettuce In wheat wrap Carrots Chilled or fresh fruit
11 Elem: Sweet N Sour Chicken Over rice with broccoli HS: Bacon Cheeseburger w/ ketchup On a wheat bun Chilled or fresh fruit	12 Elem: Bacon Cheeseburger w/ ketchup On a wheat bun Refried vegetarian beans Chilled or fresh fruit	13 Elem: Whole Grain Fiesta Pasta w/ meat sauce & steamed peas HS: Stuffed Crust Pizza Carrots Chilled or fresh fruit	14 Stuffed Crust Pizza Carrots Chilled or fresh fruit	15 Beef Taco w/cheese & lettuce In wheat wrap Broccoli Chilled or fresh fruit
18 NO SCHOOL	19 Elem: Beef & Gravy Over Mashed Potatoes Garlicky green beans & wheat roll HS: Cheese Sticks w/ Tomato Sauce Chilled or fresh fruit	20 Elem: BBQ Chicken on a Bun Sliced carrots HS: French Toast Sticks w/ Syrup Sausage patty & potatoes Chilled or fresh fruit	21 French Toast Sticks w/ Syrup Sausage patty Potatoes Chilled or fresh fruit	22 Beef Enchilada w/ cheese & rice Refried veggie beans Chilled or fresh fruit
25 Elem: Chicken Patty on a Wheat Bun Steamed broccoli HS: Cheeseburger w/ Ketchup On a wheat bun Chilled or fresh fruit	26 Cheeseburger w/ Ketchup On a wheat bun Black & Veggie Beans *Black beans & rice Chilled or fresh fruit	27 Elem: Tuna w/Cheese & Lettuce On wheat bread Garlicky green beans HS: Stuffed Crust Pizza Chilled or fresh fruit	28 Stuffed Crust Pizza Carrots Chilled or fresh fruit	29 Crispy Fish Patty w/Cheese On a wheat bun Corn Chilled or fresh fruit



BREAKFAST CHOICES:

1% or Skim Milk,
Juice or Fruit

SANDWICH CHOICE:

Turkey or PBJ W/ Cheese Stick

LUNCH CHOICES:

1%, Skim Milk or
Fat-Free Chocolate

EXTRA MILK: \$.60

EXTRA FRUIT

OR VEGGIE: \$.70

ICE CREAM CUP: \$.60/.90

Funds for extras
may be added to your
school bucks account,
cash or checks:
"USCS LUNCH FUND"

*School Will Vary in Options/Menus May Vary *If there is a delay in the start of school, breakfast will not be served.

*If you have any concerns please contact Kathy Smith at (315) 889-4120.

**MY
SCHOOL
BUCKS**