

NOVEMBER 2022

Menu

WHAT'S YOUR FAVORITE THANKSGIVING DISH?!

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---|
| All meals served with a choice of milk: 1%, skim or fat-free chocolate | ICE CREAM CUP: \$.60/.90 | BREAKFAST PRICE: PAID: \$1.75/1.85 REDUCED: \$.25 | LUNCH PRICE: PAID: \$2.35/2.45 REDUCED: \$.25 | *ICE CREAM IS ONLY AVAILABLE AT MS/HS |
| Meat & Bean Chili W/Cheese On Tortilla Chips Broccoli Chilled or Fresh Fruit | 1 Popcorn chicken w/ketchup Dinner Roll *W/ Rice Carrots Chilled or fresh fruit | 2 ELEM Meatball Sub *HS - Meatballs With Pizza Sticks Savory Green Beans Chilled or fresh fruit | 3 Turkey & Gravy Over Mashed Potatoes Corn Wheat Roll Chilled or Fresh Fruit | 4 Beef Taco W/Cheese and Lettuce In a Wheat Wrap Baked Veggie Beans Chilled or fresh fruit |
| 7 Whole Grain Pizza Chopped Broccoli Chilled or Fresh Fruit | 8 Bacon Cheeseburger w/ketchup on Wheat Bun Refried Veggie Beans Chilled or Fresh Fruit | 9 Teriyaki Chicken Over Rice Carrots Chilled or Fresh Fruit | 10 Whole Grain Fiesta Pasta With Meat Sauce Steamed Green Peas Chilled or Fresh Fruit | 11 NO SCHOOL |
| 14 Cheesy Macaroni With Chicken Steamed Broccoli Chilled or Fresh Fruit | 15 Beef and Gravy Over Mashed Potatoes Garlicky Green Beans Wheat Roll Chilled or Fresh Fruit | 16 BBQ Pulled Pork On a Bun Sliced Carrots Chilled or Fresh Fruit | 17 French Toast Sticks With Syrup Sausage Patty and Potatoes Chilled or Fresh Fruit | 18 Walking Taco With Cheese Refried Veggie Beans Chilled or Fresh Fruit |
| 21 | 22 | 23 | 24 | 25 |
| NO SCHOOL - THANKSGIVING BREAK - BE SAFE!! | | | | |
| 28 Meat & Bean Chili W/Cheese On Tortilla Chips Broccoli Chilled or Fresh Fruit | 29 Chicken Patty *Chicken Parmesan On a Roll Steamed Broccoli Chilled or fresh fruit | 30 Stuff Crust Pizza Carrots Chilled or Fresh Fruit | *At both breakfast and lunch you must choose AT LEAST 3 OF THE 5 ITEMS to make a meal. One of these must be a fruit or veggie or you will be charged Ala Carte price. *HIGH SCHOOL ONLY | |



Breakfast Choices:
1% or Skim Milk, Juice or Fruit,
Cereal, Muffin, or Various
Heated Items

Sandwich Choice:
Tuna, Turkey or
PBJ W/ Cheese Stick

Lunch Choices:
1%, Skim Milk or
Fat-Free Chocolate

Extra Milk: \$.60
Extra Fruit or Veggie: \$.70

Funds for extras
may be added to your school
bucks account, cash or checks:
"USCS LUNCH FUND"

**MY
SCHOOL
BUCKS**

DELI BAR TO GO!

Freshly prepared sandwiches with
assorted deli meats, cheese and
accompaniments prepared daily on
Whole Wheat Bread, Kaiser Roll or a
Sub Roll. We also have
JULIENNE SALADS!



*School Will Vary in Options/Menus May Vary *If there is a delay in the start of school, breakfast will not be served.

*If you have any concerns please contact Kathy Smith at (315) 889-4120.