

MARCH 2023

Menu

ALMOST SPRING!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals served with a choice of milk: 1%, skim or fat-free chocolate	ICE CREAM CUP: \$.60 / .90	BREAKFAST PRICE: PAID: \$1.75/1.85 REDUCED: \$.25	LUNCH PRICE: PAID: \$2.35/2.45 REDUCED: \$.25	*ICE CREAM IS ONLY AVAILABLE AT MS/HS
<i>*At both breakfast and lunch you must choose AT LEAST 3 OF THE 5 ITEMS to make a meal. One of these must be a fruit or veggie or you will be charged Ala Carte price.</i>		Deli Day ¹ Sweet and Sour Chicken Over Rice with Green Beans *Carrot Sticks Chilled or Fresh Fruit	Stuff Crust Pizza ² Carrots Chilled or Fresh Fruit	Beef Taco ³ w/ Cheese & Lettuce In Wheat Wrap Corn Chilled or Fresh Fruit
*HIGH SCHOOL ONLY				
Meat & Bean Chili ⁶ W/Cheese On Tortilla Chips Broccoli Chilled or Fresh Fruit	Popcorn Chicken w/Ketchup ⁷ Dinner Roll *W/ Rice Carrots Chilled or Fresh Fruit	ELEM Meatball Sub ⁸ *HS - Meatballs With Pizza Sticks Savory Green Beans Chilled or Fresh Fruit	Turkey & Gravy ⁹ Over Mashed Potatoes Corn Wheat Roll Chilled or Fresh Fruit	Beef Taco ¹⁰ w/ Cheese & Lettuce In Wheat Wrap Baked Veggie Beans *Carrot Sticks Chilled or Fresh Fruit
Whole Grain Pizza ¹³ Chopped Broccoli Chilled or Fresh Fruit	Bacon Cheeseburger ¹⁴ w/ketchup on Wheat Bun Refried Veggie Beans *Carrot Sticks Chilled or Fresh Fruit	Teriyaki Chicken ¹⁵ Over Rice Carrots *Dinner Roll Chilled or Fresh Fruit	Whole Grain Fiesta Pasta w/ Meat Sauce ¹⁶ Green Peas or Green Beans *Dinner Roll Chilled or Fresh Fruit	NO SCHOOL: STAFF DEVELOPMENT DAY ¹⁷
Cheesy Macaroni ²⁰ With Chicken Steamed Broccoli Chilled or Fresh Fruit	Beef and Gravy ²¹ Over Mashed Potatoes Garlicky Green Beans Wheat Roll Chilled or Fresh Fruit	BBQ Pulled Pork ²² On a Bun Sliced Carrots or Corn *W/ Rice Chilled or Fresh Fruit	Sausage & Egg ²³ Patty Scramble Potatoes Chilled or Fresh Fruit	Walking Taco ²⁴ With Cheese Refried Veggie Beans *Carrot Sticks Chilled or Fresh Fruit
Chicken Patty ²⁷ *Chicken Parmesan On a Roll Served with Broccoli Chilled or Fresh Fruit	Cheeseburger ²⁸ w/ketchup on Wheat Bun Black & Veggie Beans *Black Beans & Rice Chilled or Fresh Fruit	Sweet and Sour Chicken ²⁹ Over Rice Garlicky Green Beans Chilled or Fresh Fruit	Stuff Crust Pizza ³⁰ Carrots Chilled or Fresh Fruit	Walking Taco ³¹ With Cheese Refried Veggie Beans Chilled or Fresh Fruit



Breakfast Choices:
1% or Skim Milk, Juice or Fruit,
Cereal, Muffin, or Various
Heated Items

Sandwich Choice:
Tuna, Turkey or
PBJ W/ Cheese Stick or
Hot Dog (Elementary Only)

Lunch Choices:
1%, Skim Milk or
Fat-Free Chocolate

Extra Milk: \$.60
Extra Fruit or Veggie: \$.70

Funds for extras
may be added to your school
bucks account, cash or checks:
"USCS LUNCH FUND"



DELI BAR TO GO!

Freshly prepared sandwiches with
assorted deli meats, cheese and
accompaniments prepared daily on
Whole Wheat Bread, Kaiser Roll or a
Sub Roll. We also have
JULIENNE SALADS!

*School Will Vary in Options/Menus May Vary *If there is a delay in the start of school, breakfast will not be served.

*If you have any concerns please contact Kathy Smith at (315) 889-4120.