

DECEMBER 2021

Menu

DAILY BREAKFAST AND LUNCH ARE FREE OF COST!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals served with a choice of milk: 1%, skim or fat-free chocolate	ICE CREAM CUP: \$.60/.90	BREAKFAST PRICE: PAID: \$1.75/1.85 REDUCED: \$.25	LUNCH PRICE: PAID: \$2.35/2.45 REDUCED: \$.25	
		ELEM Meatball Sub HS* meatballs w/pizza sticks Savory Green Beans Chilled or fresh fruit 1	Turkey & Gravy over Mashed potatoes Corn Wheat Roll Chilled or Fresh Fruit 2	Beef Taco W Cheese & lettuce In wheat wrap Broccoli Chilled or fresh fruit 3
Whole grain pizza Chopped Broccoli Chilled or fresh fruit 6	Bacon Cheeseburger w/ketchup on Wheat Bun Refried Vegetarian Beans Chilled or Fresh Fruit 7	Chicken Quesadilla & Salsa Carrots Chilled or Fresh Fruit 8	Whole Grain Fiesta Pasta w/ Meat Sauce Steamed Green Peas Chilled or Fresh Fruit 9	Crispy Fish Patty with Cheese on a Wheat Bun Corn /*Coleslaw Chilled or Fresh Fruit 10
Cheesy Mac w/ Chicken Steamed Broccoli Chilled or Fresh Fruit 13	Beef & Gravy over Mashed Potatoes Garlicky Green Beans Wheat Roll Chilled or Fresh Fruit 14	BBQ Chicken on a Bun Sliced Carrots Chilled or Fresh Fruit 15	French Toast Sticks with Syrup Sausage Patty Potatoes Chilled or Fresh Fruit 16	Philly Cheesesteak Refried Veggie Beans Chilled or Fresh Fruit 17
Chicken Patty *Chicken Parmesan On a Wheat Bun Steamed Broccoli Chilled or Fresh Fruit 20	Cheeseburger w/ketchup On Wheat Bun Black or Veg Bean *Blackbeans and Rice Chilled or Fresh Fruit 21	Deli Day Turkey & Ham w/ Cheese, Lettuce & Tomato on a Sub Roll Garlicky Green Beans Chilled or Fresh Fruit 22	Stuffed Crust Pizza Carrots Chilled or fresh fruit 23	24
27	28	29	30	NO SCHOOL
NO SCHOOL - HOLIDAY RECESS				
			*HIGH SCHOOL ONLY	31



Breakfast Choices:
1% or Skim Milk, Juice or Fruit,
Cereal, Fr. Toast, Frudel,
Mini Cinnis

Sandwich Choice:
Tuna, Turkey or
PBJ W/ Cheese Stick

Lunch Choices:
1%, Skim Milk or
Fat-Free Chocolate

Extra Milk: \$.60
Extra Fruit
or Veggie: \$.70

Funds for extras
may be added to your school
bucks account, cash or checks:
"USCS LUNCH FUND"



DELI BAR TO GO!

Freshly prepared sandwiches with
assorted deli meats, cheese and
accompaniments prepared daily on
Whole Wheat Bread, Kaiser Roll or
a Sub Roll. Also we have JULIENNE
SALADS!



*School Will Vary in Options/Menus May Vary *If there is a delay in the start of school, breakfast will not be served.

*If you have any concerns please contact Kathy Smith at (315) 889-4120.